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441—110.9 (237A) Files.

110.9(1) A provider file shall be maintained and shall contain the following:

- a. A physical examination report. Providers and all members of a provider's household over the age of 12 shall have good health as evidenced by a preregistration physical examination. Acceptable physical examinations shall be documented on Form 470-5152, Child Care Provider Physical Examination Report. The physical examination shall include any necessary testing for communicable diseases; shall include a discussion regarding current Advisory Committee on Immunization Practices (ACIP)-recommended vaccinations; shall be performed by a licensed medical doctor, doctor of osteopathy, physician assistant or advanced registered nurse practitioner within six months prior to the provider's registration; and shall be repeated at least every three years. All children residing in the household who are 12 years of age or younger must have the medical documentation outlined in paragraphs 110.9(4)"d," "f," and "g."
 - b. Certificates or other documentation from the department verifying the following:
 - (1) Required training as set forth in subrule 110.10(1).
- (2) Completion of all record checks as required in subrule 110.11(3), at initial application, at each application for change, and at each application for renewal.
- 110.9(2) An individual file for each staff assistant shall be maintained and shall contain the following:
- a. Documentation from the department which confirms that the record checks required under subrule 110.11(3) have been completed and authorizes or conditionally limits the person's involvement with child care.
- b. A completed Form 470-5152, Child Care Provider Physical Examination Report, that meets the requirements of paragraph 110.9(1) "a."
- c. Certification of a minimum of two hours of approved training relating to the identification and reporting of child abuse, completed within three months of employment and every five years thereafter, as required by Iowa Code section 232.69.
 - 110.9(3) An individual file for each substitute shall be maintained and shall contain the following:
- a. Documentation from the department which confirms that the record checks required under subrule 110.11(3) have been completed and authorizes or conditionally limits the person's involvement with child care.
- b. A completed Form 470-5152, Child Care Provider Physical Examination Report, that meets the requirements of paragraph 110.9(1) "a."
- c. Certification of a minimum of two hours of approved training relating to the identification and reporting of child abuse, completed within three months of employment and every five years thereafter, as required by Iowa Code section 232.69.
 - d. Certification in first aid that meets the requirements of paragraph 110.10(1) "c."
- e. Certification or other documentation that minimum health and safety training has been completed in compliance with paragraph 110.10(1) "a" within three months of a substitute's hiring or before a substitute provides care, whichever occurs first.
- **110.9(4)** *Children's files.* An individual file for each child shall be maintained and updated annually or when the provider becomes aware of changes. The file shall contain:
- a. Identifying information including, at a minimum, the child's name and birth date; the parent's name, address and telephone number; special needs of the child; and the parent's work address and telephone number.
- b. Emergency contact information including, at a minimum, where the parent can be reached, the name, street address, city and telephone number of the child's regular source of health care, and the name, telephone number, and relationship to the child of another adult available in case of emergency.

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c. A signed medical consent from the parent authorizing emergency medical and dental treatment.

- d. An admission physical examination report signed by a licensed physician or a designee in a clinic supervised by a licensed physician.
- (1) The date of the physical examination shall not be more than 12 months before the child's first day of attendance at the child development home.
- (2) The written report shall include the child's past health history, status of the child's present health, allergies and restrictive conditions, and recommendations for continued care when necessary.
- (3) For a child who is five years of age or older and enrolled in school, a statement of health status signed by the parent or legal guardian may be substituted for the physical examination report.
- (4) The examination report or statement of health status shall be on file before the child's first day of care.
- e. A statement of health condition signed by a physician or designee and submitted annually from the date of the admission physical examination. For a child who is five years of age or older and enrolled in school, a statement of health status signed by the parent or legal guardian may be substituted for the physician statement.
- f. For each school-age child, on the first day of attendance, documentation of a physical examination that was completed at the time of school enrollment or since.
- *g.* A signed and dated immunization certificate provided by the Iowa department of public health. For the school-age child, a copy of the most recent immunization record shall be acceptable.
- h. For any child with allergies, a written emergency plan in case of an allergic reaction. A copy of this information shall accompany the child if the child leaves the premises.
- *i.* A list that is signed by the parent and names persons authorized to pick up the child. The authorization shall include the name, telephone number, and relationship of the authorized person to the child.
- *j.* Written permission from the parent for the child to attend activities away from the child development home. The permission shall include:
 - (1) Times of departure and arrival.
 - (2) Destination.
 - (3) Names of persons who will be responsible for the child.
 - k. Injury report forms documenting injuries requiring first aid or medical care.
- *l.* If the child meets the definition of homelessness as defined by Section 725(2) of the McKinney-Vento Homeless Education Assistance Act, the family shall receive a 60-day grace period to obtain medical documentation.